

## **Lou Everett**

Lou Everett, Professor Emeritus at the College of Nursing, a Licensed Marriage & Family Therapist, and an artist, thoroughly enjoys passing her joy of painting to others. She currently serves as a Clinical Professor and Assistant to the Dean at the ECU College of Nursing.

Lou primarily paints in oils now but has also won awards in acrylics and watercolor. Regardless of the medium, she prefers to paint the effect of light on her subjects en Plein Air, and whether in the studio or en Plein Air, her palette is alive with color. Love for family and farm life can be found in vibrant paintings of “eastern NC and coastal flavor.” During the past several years, she has enjoyed painting scenes as well from the mountains of NC. Lou discovered painting as a delightful way to nurture and rejuvenate her body, mind, and spirit during years of career development and care living. She was the first President of Greenville Brushstrokes, and later served as President, the Watercolor Society of North Carolina. She is a member of Paint NC and currently serves on the board of the Friends of the ECU School of Art and Design. Her 2012 Solo show of “Humble Beginnings” was the Invitational Inaugural Exhibition of Art as Avocation at the Laupus Library, showcasing artistic talents from the Division of Health Sciences at ECU. Several of her paintings have been included in Kim Maselli’s book, *Painting North Carolina: a Visual Journey* (2013), available through Amazon, Barnes & Noble’s, and fine art galleries throughout NC. Images of her renderings have also been selected for inclusion in three nursing textbooks, and is being considered for another one. Since May 2012, Lou has collaborated with City Art using a “Traveling Studio” concept to offer classes in beginning watercolor. She has a studio in Kinston at Art 105, and is also represented by the Kinston Community Council for the Arts. She is also a member of Paint NC and Oil Painters of America. You can contact her at 252-341-5495 for more information or via her Website: [loueverettart.com](http://loueverettart.com).